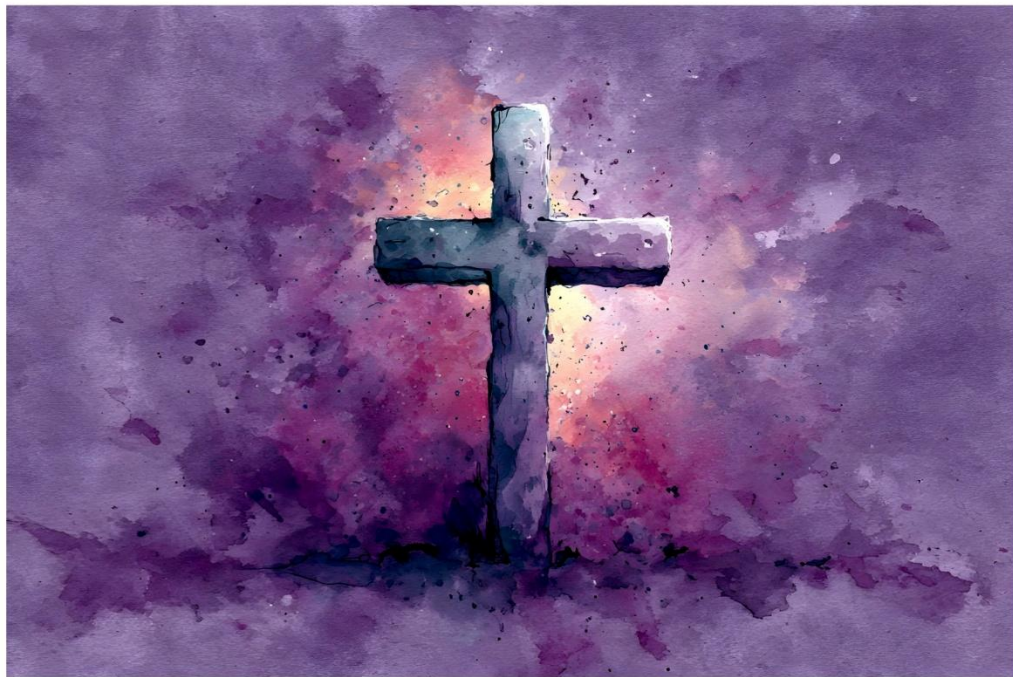




Welcome

We welcome you today whatever your reason for coming

**'A global Christian family following Jesus at
the heart of London.'**



**9:30 am Sunday, 8th March 2026
Third Sunday of Lent**



ONLINE SERVICE

Revd Dr G Howard Mellor with Revd Tony Miles

John 4

LIVE-STREAM WELCOME

VIDEO CALL TO WORSHIP – Lent Prayer

Rype TV

VIDEO SONG – Amazing Grace

Amazing grace-how sweet the sound-
that saved a wretch like me!

I once was lost, but now am found,
was blind, but now I see.

God's grace has taught my heart to fear,
his grace my fears relieved;
how precious did that grace appear
the hour I first believed!

Through many dangers, toils and snares
I have already come;
God's grace has brought me safe thus far,
and grace will lead me home.

When we've been there ten thousand years
bright shining as the sun,
we've no less days to sing God's praise
than when we first begun.

John Newton (1725-1807)

OPENING PRAYERS

Revd Tony Miles

THE LORD'S PRAYER

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

VIDEO GOSPEL LESSON

Read by Dinah Longdon

Jesus said, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband,' for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem."

Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth."

The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." And many more believed because of Jesus word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

SERMON 'Don't forget your bucket!'

Revd Dr G Howard Mellor

VIDEO HYMN – Just as I am Without One Plea

Just as I am, without one plea
but that you died to set me free,
and at your bidding, 'Come to me!'
O Lamb of God, I come!

Just as I am, though tossed about
with many a conflict, many a doubt,
fightings within and fears without,
O Lamb of God, I come!

Just as I am, you will receive,
will welcome, pardon, cleanse, relieve:
because your promise I believe,
O Lamb of God, I come!

Just as I am- your love unknown
has broken every barrier down –
now to be yours, yes yours alone,
O Lamb of God, I come!

Just as I am, of that free love
the breadth, length, depth and height to prove,
here for a time and then above,
O Lamb of God, I come!

Charlotte Elliott (1789-1871)

PRAYERS FOR OTHERS
Revd Dr G Howard Mellor

VIDEO HYMN – I, the Lord of Sea and Sky

I, the Lord of sea and sky,
I have heard my people cry.
All who dwell in dark and sin my hand will save.
I who made the stars of night,
I will make their darkness bright.
Who will bear my light to them?
Whom shall I send?

*Here I am, Lord.
Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, if you lead me.
I will hold your people in my heart.*

I, the Lord of snow and rain,
I have borne my people's pain.
I have wept for love of them. They turn away.
I will break their hearts of stone,
give them hearts for love alone.
I will speak my word to them.
Whom shall I send?

*Here I am, Lord.
Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, if you lead me.
I will hold your people in my heart.*

I, the Lord of wind and flame,
I will tend the poor and lame.
I will set a feast for them.
My hand will save.
Finest bread I will provide
till their hearts be satisfied.
I will give my life to them.
Whom shall I send?

Here I am, Lord.

Is it I, Lord?

I have heard you calling in the night.

I will go, Lord, if you lead me.

I will hold your people in my heart.

Daniel L. Schutte (b.1947)

ANNOUNCEMENTS

**VIDEO GLOBAL GREETING –
Ghana**

OFFERING PRAYER

Led by Revd Dr G Howard Mellor

VIDEO HYMN – And Can it Be?

And can it be that I should gain
An interest in the Saviour's blood?
Died he for me, who caused his pain?
For me, who him to death pursued?
Amazing love! How can it be
That thou, my God, shouldst die for me?

'Tis mystery all : the Immortal dies!
Who can explore his strange design?
In vain the first-born seraph tries
To sound the depths of love divine.
'Tis mercy all! Let earth adore,
Let angel minds enquire no more.

He left his Father's throne above -
So free, so infinite his grace -
Emptied himself of all but love,
And bled for Adam's helpless race.
'Tis mercy all, immense and free;
For, O my God, it found out me!

Long my imprisoned spirit lay
Fast bound in sin and nature's night;

Thine eye diffused a quickening ray -
I woke, the dungeon flamed with light,
My chains fell off, my heart was free,
I rose, went forth, and followed thee.

No condemnation now I dread;
Jesus, and all in him, is mine!
Alive in him, my living head,
And clothed in righteousness divine,
Bold I approach the eternal throne,
And claim the crown, through Christ, my own.

Charles Wesley (1707-1788)

HEALING PRAYER TEAM

Revd Tony Miles

THE BLESSING

Revd Dr G Howard Mellor

VIDEO OUTRO ORGAN

Wir Glauben Alles in einen Gott by J.S.Bach played by Gerard Brooks at MCHW

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(A 15% tithe is given to various charitable causes)

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